



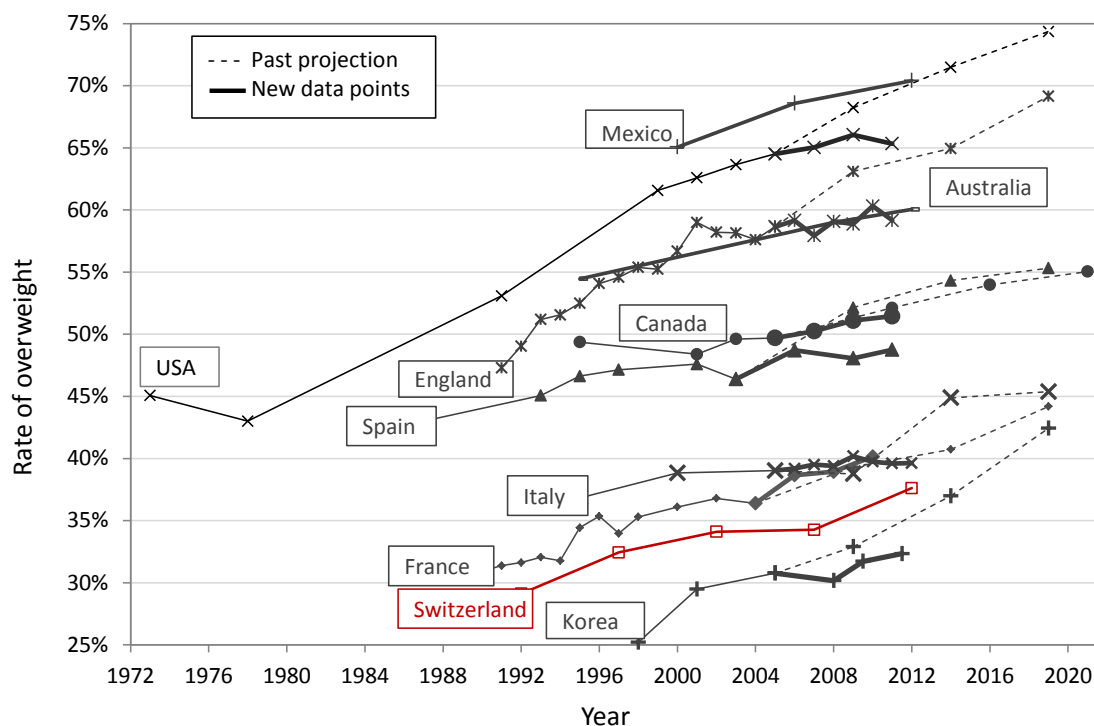
## OBESITY AND THE ECONOMICS OF PREVENTION: FIT NOT FAT

### KEY FACTS – SWITZERLAND, UPDATE 2014

#### A. ADULTS

1. Obesity rates are low in Switzerland, relative to most OECD countries (Figure 1). 9% of adults are obese in Switzerland, while nearly 38% are overweight (including obesity). The latest data show that the prevalence of overweight (including obesity) has increased by 3 percentage points from 2007 to 2012.

*Figure 1. Trends in the prevalence of overweight (including obesity) in adults, selected OECD countries*

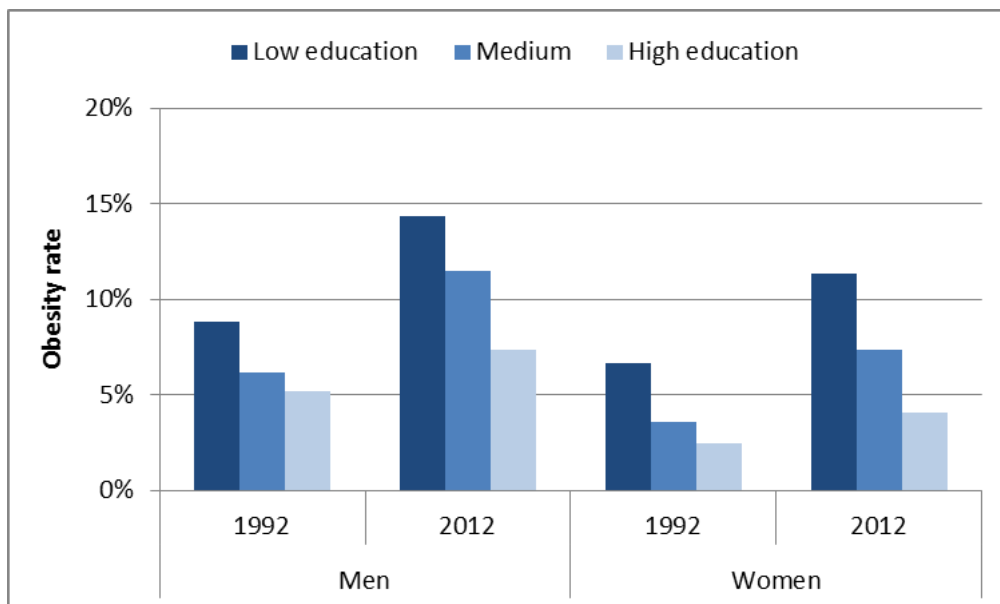


Source: OECD estimates based on national health surveys.

Note: Measured height and weight in Australia, England, Korea, Mexico and USA; self-reported data in other countries.

2. Large socio-economic disparities in obesity exist, both in men and women. Men with less education in Switzerland are 2.1 times more likely to be obese than more educated men. Women with less education are 3 times more likely to be obese than more educated women. Since 1992, obesity rates have increased in all education groups and the gradient of inequality has been widening (Figure 2).

Figure 2. Prevalence of obesity by education level in 1992 and 2012, men and women, Switzerland



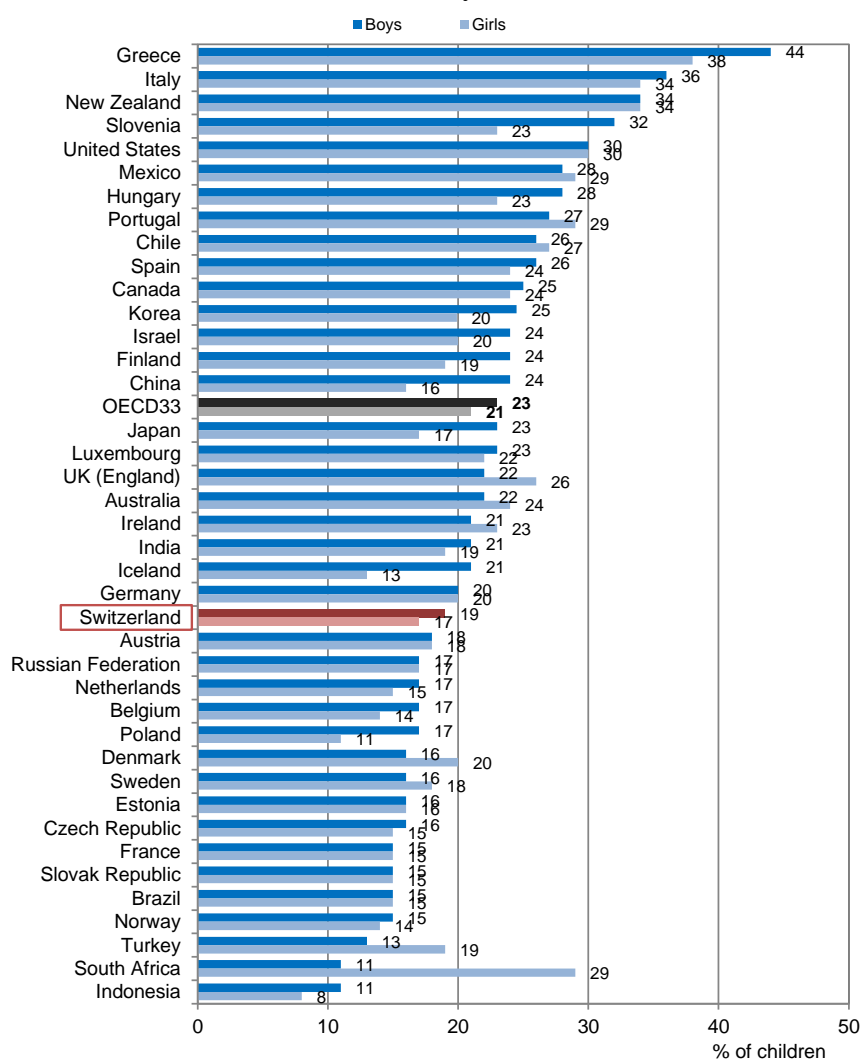
Source: OECD estimates based on the *Swiss Health Survey*.

Note: Adjusted probabilities of being obesity for men and women aged 40 controlling for marital status, tobacco smoking and working status.

## B. CHILDREN

3. Child overweight in Switzerland is below the OECD average. International data collated by the International Association for the Study of Obesity show that 19% of boys and 17% of girls are overweight or obese in Switzerland, compared with 23% of boys and 21% of girls, on average, in OECD countries (Figure 3).

Figure 3. Measured overweight (including obesity) among children at different ages, 2010 or nearest year



Source: International Association for the Study of Obesity, 2013; Bös et al. (2004) for Luxembourg; and KNHANES 2011 for Korea.

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